

Renew26

Join us at the

Glencorse Centre Thursdays 2-4pm
Penicuik North Kirk Fridays 10am – 12 noon

Glencorse Centre, Firth Road, Auchendinny
Penicuik North Kirk, John Street, Penicuik

For more information contact 07956738481
or renewtwentysix@gmail.com

A quiet shared space where it's OK not to be OK

If you think there are many grieving people in EH26, you or someone you know might appreciate Renew 26.

If you think there are many, people experiencing a mental health issue in EH26, you or someone you know might appreciate Renew 26.

If you think there are a lot of lonely people who are lonely in EH26, you or someone you know might appreciate Renew 26.

If you think there are many unsupported carers in EH26, you or someone you know might appreciate Renew 26

If you or someone you know enjoys any of these; being in the company of others, having a laugh, playing a board game, crafting, making jigsaws, having time to "just be" then you might appreciate Renew 26.

It can be hard to come alone for the first time so come with someone you know.

Thursdays 2-4pm, Glencorse Centre, Auchendinny. Fridays 10-12 at Penicuik North Kirk back hall.

Taxi's are available if there are mobility issues. Just speak to one of the Renew 26 lead hosts.

Sheila Anderson, Caroline Toms, Eunice Astles

Meeting the King Report by Agnes Ovenstone

Church member Margaret Henry met King Charles III when he and Queen Camilla toured the Royal Infirmary of Edinburgh, meeting dozens of medical staff, patients and the public to mark the National Health Service 75th anniversary.

The Queen joked she "shared a birthday" with the National Health Service as she celebrated the institution's 75th milestone with the King.

When the Queen chatted to a group of elderly patients, she commented about the NHS' anniversary: "I'm 75, I'm the same age as the NHS – we share a birthday."

Nearby the King also spoke to some of the Infirmary's oldest patients and quipped about his age – 74.

The King and his wife were given a cradle-to-the-grave tour of the hospital, meeting maternity staff from midwives to obstetricians, before they chatted to those caring for patients coming towards the end of their lives.



Margaret Henry meets the King

Summer Fayre Quiz Winners Agnes Ovenstone



The quiz we sold at the Summer Fayre had a great response.

There were only two correct entries so we decided to half the prize.

The winners are : (drum roll.....)

Mr & Mrs Teague from Edinburgh and Andrew Dunsire.

Thanks to all who entered and took part.



Trinity Community Diary

3 August 6.00 to 8.00pm	Holiday Club Youth Night - Trinity Community Church Hall
6 August 11.00am	Sunday service to celebrate the PCT & SU Holiday Club
6, 13, 20, 27 August 7.15pm	Sunday evening Prayer Meeting - Church Hall



TC News

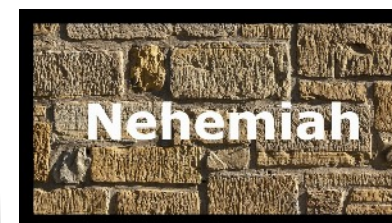
AUGUST 2023

Newsletter of Penicuik Trinity Community Church

You can read this newsletter at Penicuik Trinity Community Church website <https://www.penicuiktrinitycommunity.church>. To sign up for an eCopy of this newsletter to be sent direct to your inbox each month, saving paper and other resources, just send a request email to penicuiktrinitycommunitymedia@gmail.com

Blessing a new child into the church of God

Our current journey through the Bible over the past few weeks has been focussing on Nehemiah.



We are following Nehemiah's journey to Jerusalem to help rebuild its ruined structures. We heard how he aroused the people there to the necessity of repopulating the city and rebuilding its walls. Nehemiah encountered hostility from the (non-Jewish) local officials in neighbouring districts, but in the space of 52 days the Jews under his direction succeeded in rebuilding Jerusalem's walls.

On Sunday 23 July we interrupted this story to welcome and give blessing to Freya Georgie Alwin Leia, supported by her parents, and guide parents (similar role to a Godparent). John spoke from a word from James 1: 5-6, using The Voice translation.



"If you don't have all the wisdom needed for this journey, then all you have to do is ask God for it; and God will grant all that you need. He gives lavishly and never scolds you for asking. The key is that your request be anchored by your single-minded commitment to God. Those who depend only on their own judgment are like those lost on the seas, carried away by any wave or picked up by any wind"

The parents Pauline and Grant then stated they were "thankful for the gift of Freya" and promised "in humility and hope, to love and care for Freya". The guide parents: Winnie, Mark & Lorna, followed, "to undertake in humility, to give Freya and her parents your guidance and support, and to be a kindly example for her"

In finishing, John performed the Blessing to Freya.

You can watch the full service at <https://youtu.be/T2pprfmSbzQ>

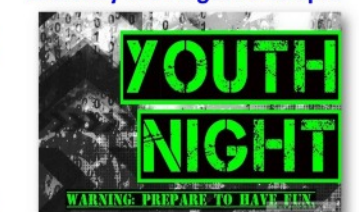
The blessing ceremony starts 31 minutes 15s into the video.

HOLIDAY CLUB - 1 to 3 August



As part of the holiday club, we're planning a youth night on Thursday 3rd August and would love to invite any young people along (age 12 and up!). The evening will consist of games (including Mario Kart), make your own pizza & ice-cream deliveries to follow! We'll also have a Youth Alpha taster video and short discussion as an intro to Youth Alpha which will run from September. Please invite anyone you think might like to come. We'd love to see you there.

Thursday 3rd August 6 to 8pm



Pastoral Care

Please remember that we are always here for church members and for anyone in the community, and you are welcome to phone (in confidence) at any time for a chat, prayer, or to source other help or to request a visit; Either: John Urquhart (01968 382116; Margaret Webster (01968 672347 or 07761 096 472) or Wilma Wilson (07719 665505)



In July, instead of our usual fourth Sunday gathering we invited folk to join in with Hopfield Connections Forest Church in Bonnyrigg, they meet on 1st Sunday of the month 3-4.30pm. Some of us are went along on 2nd July.



Our own next gathering in Penicuik will be the fourth Sunday in August in the afternoon, more details to come soon. For more info contact pwood@churchofscotland.org.uk

Some of us also went along to the Magical Woodland Walk in Craigmillar Castle Park on 22 July.

All of us are taking the opportunity to connect with nature and the divine on our own summer pilgrimages too.



Recently in church our minister John Urquhart reported that what was known as the FFF Foodbank had updated its support service to include the **Midlothian Pantry**.



Switching to a pantry service gives people more choice, more independence and access to affordable food. The pantry can be used by anyone. **Food Facts Friends has become much more than a food bank.**

We have high hopes of creating positive change within the community, and the pantry is a great example of how they are going to take FFF forward.

Food bank usage has drastically decreased, whereas pantry usage has increased. This is one of the reasons we have moved to a pantry service.

This allows anyone experiencing difficulty in putting nutritious food on the table to be able to choose what foods they would like for a small sum. Joining the Pantry costs £1, and each week members can buy up to 10 items from the shelves for only £3.50.

The advantage over a foodbank is two-fold. Offers wider choice to the visitor, rather than what we have is what you get in a foodbank. Dignity, being able to pay for your food as in a supermarket, whilst still being able to meet other bills such as energy costs and rent.

This isn't taking away from big supermarkets. FFF actually work in partnership with some supermarkets and receive donations from them. The supermarkets we receive donations from are aware of the changes being made. Supermarkets are often expensive, and the pantry is a more affordable alternative.

There is also a way that you can help too.

Pay Forward



more affordable alternative.

There is a pay it forward system in place, so that people can donate to cover the cost of someone else's pantry shop, so if anyone can't afford it they have options. So many of these pay forward offers will be available each day.

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Volunteering

Would you be interested in Volunteering at the Midlothian Pantry?

Then why not talk to the FFF team. They are looking for people to work on different days. If you think you would like to work with people, have a great sense of humour, love banter and would like to work with people then please get in touch. A variety of roles and shifts are available to fit in with your other commitments.

Contact FFF at 01968 675417, email foodfactsfriends@gmail.com, or drop in at the Hub 42 John Street, Penicuik.

FFF still have the community cafe, which offers free food and drinks. There is also the community meal on a Monday at Ladywood leisure centre, which provides people with a hot meal.

There is no reason for anyone to go without access to food.



Despite the variable weather we have had recently this afternoon was blessed with warm and sunny weather for July's Gather on the Green.

Things were very quiet to begin with no children playing in the play parks or people walking round. We wondered if that was because it was the first week of the school holidays and folks were away.

However eventually things became busier with the stand being visited by some children and parents. Tea, coffee and hot chocolate were consumed along with biscuits and sweets. As always, Sheila's puppets were a great attraction and there were games of giant Chess and Hop Scotch available. There was also some encouraging interest in the Summer Club.



Just as we were packing up a lady came to the stand and asked for a cup of coffee - she was ready to pay for it and was quite amazed when we said it was all free! It was a great opportunity to introduce ourselves and Penicuik Churches Together, and we hope to see her again next month.

Thanks to everyone who took part in setting up and running this month's Gather on the Green."

